

# ***Conjoint Therapy: effects on both the problem user and affected family members***

## **Professor Barbara McCrady**

*Distinguished Professor Emerita, University of New Mexico, USA*

**Wednesday, 15<sup>th</sup> May 2024, 9.00 Mountain Daylight Time, 16.00 UK Time; 17.00 Germany etc; 18:00 Finland** (other times: <https://www.worldtimebuddy.com/>)

To register (mandatory): Please use the following link:

<https://webropol.com/s/afinetwebinar>

Upon registration you will receive the Zoom/Teams link to participate in the Webinar.

## **Description of webinar**

Since the mid-1970s, Professor McCrady has been a pioneer in the development of interventions which focus on conjoint therapy (working with couples where one person has a serious alcohol or other addiction problem) as well as developing other approaches involving social networks, cognitive behavioural therapy, mutual help groups, and therapies for women. In this Webinar she will provide a brief overview of her family-involved treatment model and the drinking outcomes that it leads to, followed by more qualitative data on family perspectives on participating in treatment with the IP, their verbal behaviour in sessions, and how these relate to drinking outcomes.

A recording of this webinar and the speaker's slides will be available on the AFINet website following this webinar. Future AFINet webinars are advertised on the AFINet website:

<http://www.afinetwork.info/>

AFINet aims to:

- bring together researchers, policy-makers, practitioners, and experts through experience,
- promote the well-being of family members, friends, and colleagues affected by or concerned about another person's problems with or addiction to alcohol, drugs or gambling, and
- develop research, policy, practice, and advocacy in the field.

AFINet membership (free) is by application:

<http://www.afinetwork.info/members/apply-for-membership>